



**STONEWATER**<sup>®</sup>

ADOLESCENT RECOVERY CENTER

# ADDICTION TREATMENT CENTER

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Contact Stonewater Recovery Today

**662.373.2828**

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As teens begin the journey towards recovery, they need a safe and supportive environment to help them grow and thrive. In the best-case scenario, this environment will remove them from the negative influences that led them to use substances in the first place. Fortunately, when your teen comes to Stonewater Adolescent Recovery Center, they find the care and aid they need to overcome their challenges. At our residential substance use treatment center in Oxford, Mississippi, we have experience helping adolescent boys through the initial steps of their journey towards sobriety.

Stonewater Adolescent Recovery Center offers a holistic and evidence-based treatment program through our [adolescent treatment center](#), allowing us to tailor our services to the needs of adolescents. To learn how we can help your teen, please get in touch with our caring and compassionate treatment team at [662.373.2828](tel:662.373.2828) today.

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## Is Residential Treatment The Right Choice?

It can be challenging to know whether your child needs an adolescent residential substance use treatment center. Before you decide whether

residential treatment is the right choice for your adolescent, the Stonewater Adolescent Recovery Center team will first perform a mental health assessment. This evaluation helps our team understand your adolescent's environment and set of unique experiences better. For most adolescents, residential recovery with around-the-clock supervision is an effective option that provides a stable space to develop abstinence and critical life skills.

Stonewater Adolescent Recovery Center is a safe place where adolescents can receive substance use and mental health treatment with 24/7 support. At Stonewater, residents develop the skills and abilities necessary to improve health, wellness, independence, continuing education, and motivation to reach their full potential in a life of recovery. As teens strive to understand substance use disorders and negative lifestyle influences, they need to remove themselves from these unhealthy external influences. Our specialists conduct residential treatment in a safe, compassionate, and motivational space to fully equip your adolescent for the journey ahead.

*"There is no place like Stonewater Adolescent Recovery Center in the rest of the country. These guys are the absolute best at what they do, with a wonderful and caring team committed to helping every child and family. Could not recommend more highly."*

**- Jessica Latham**

# The Adolescent Residential Substance Use Treatment Center at Stonewater

Stonewater's teen residential substance use treatment center provides services to our residents in the wooded hills of Northeast Mississippi. Stonewater sits on a tranquil, waterfront property surrounded by nature, creating a peaceful, safe place to begin the path to recovery. The grounds include a custom-built residential lodge, a state-of-the-art fitness facility, inviting counseling and therapy spaces, and diverse recreational activities. During the intake meeting with a substance use recovery specialist, your teen will receive a customized treatment plan to be used throughout their stay with us. Residential Treatment center programs begin at 30 days and can last between 60 to 90 days.

In residential recovery, your teen will receive individual therapy sessions with a dedicated therapist. We also provide:

**Group therapy sessions**

**Meditation and mindfulness practices**

**Physical fitness training**

**Healthy meals made with locally grown produce**

**A variety of experiential therapies**

Each teen has a daily schedule that fosters independence from negative influences, both internally and externally. Every activity focuses on a specific aspect of therapy to reduce stress and manage their mental health conditions. With our treatment options, teens gain the ability to pursue lifelong recovery. Becoming clean from drugs and alcohol and being surrounded by peers who have the same goals will inspire your teen to do more. Every teen involved in our adolescent residential substance use treatment center has something unique to contribute to the world. With focus and positive guidance, they can discover the motivation to find this purpose.

## Benefits of Residential Treatment Recovery

Like every treatment option we provide at Stonewater Adolescent Recovery Center, residential treatment offers a wide range of benefits. One of the primary benefits is that your teen has support around the clock. It can be challenging to stop using substances without assistance, but he will always have someone to turn to, regardless of the time of day or day of the week. Additional benefits of residential treatment may include:

- Removal from negative influences
- 24-hour supervision
- Space that supports individuality
- Time for reflection
- Emotional and spiritual growth
- Treatment for mental health conditions alongside behavioral therapies
- Maintenance of private education
- Counseling and relationship-building for families

Finally, residential treatment offers your teen the

tools he needs to stay sober for more extended periods. Let us help your teen through the initial steps of his journey to sobriety.

Please reach out to the experts at Stonewater Adolescent Recovery Center at [662.373.2828](tel:662.373.2828) for more information about this unique treatment option.

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## Does Our Program Offer Dual Diagnosis Treatment?

Research from the National Alliance on Mental Illness(1) shows that more than 16% of teens in the United States have experienced a mental health condition. Furthermore, their research indicates that at least half of all lifetime mental illnesses will begin before the age of 14. If teens don't have the proper tools to manage their condition, they may turn to drugs or alcohol to self-medicate. Conversely, some substances, such as cocaine or methamphetamine, can lead to the emergence of mental health concerns, which can worsen as they continue to use substances.

The most reliable way to manage mental health issues and substance use is to find a treatment program that offers dual diagnosis treatment. This treatment option concurrently addresses any mental illnesses your teen may have, as well as their substance use. If your teen has a mental health concern and a substance use disorder, it's vital to seek dual diagnosis treatment. This program significantly increases the chances that your teen will be able to enter into long-term recovery.

We offer a range of dual diagnosis treatment options, including:

- Depression treatment
- Anxiety treatment
- ADHD treatment
- Bipolar disorder treatment
- Trauma treatment

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## The Best Time For Recovery Skill Development

Because adolescents are still in developmental stages where decision-making capabilities and personality haven't wholly matured, they are often most influenced by peers, rather than parents or other family members, during this time. Separating your teen from influential peer groups is often the most effective way to reduce social and behavioral pressures to use substances. The Stonewater Residential Treatment program will guide teens into healthy lifestyles in an environment removed from their everyday social influencers.

Families are encouraged to participate in family counseling and collective group activity days as specified. Involving family members in the recovery process reestablishes comfort and care within the family unit. At Stonewater Adolescent Recovery Center, we include the family in the treatment process as your teen advances through the program while still allowing therapists and counselors the space and respect needed to make a difference in your adolescent's life. Stonewater's programs include:

- Adventure and nature therapy programs
- Art therapy programs
- Dialectical behavioral therapy (DBT) programs
- Cognitive-behavioral therapy programs
- Experiential therapy programs

Our treatment programs can provide the tools your teen needs to enter recovery and stay drug and alcohol-free after treatment. For more information about our services, please get in touch with our treatment team today.

## REACH OUT TO STONEWATER ADOLESCENT RECOVERY CENTER TODAY

If you believe your teen is battling a substance use disorder, we encourage you to get in touch with Stonewater Adolescent Recovery Center. Our adolescent residential substance use treatment program can give your teen the tools he needs to grow, thrive, and overcome substance use. We provide treatment for a range of conditions, including:

- Alcohol use disorder
- Heroin use disorder
- Prescription painkiller use disorder
- Adderall use disorder
- Marijuana use disorder

Contact Stonewater Adolescent Recovery Center today at [662.373.2828](tel:662.373.2828) to learn more about our adolescent residential substance use treatment center and other treatment methods.



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