



STONEWATER[®]

ADOLESCENT RECOVERY CENTER

DUAL DIAGNOSIS TREATMENT CENTER

Contact Stonewater Recovery Today

855.478.3650

Contents

- [Signs Your Son Needs Dual Diagnosis Treatment](#)
- [Treatment Options for Those With A Dual Diagnosis](#)
- [Substance Use Disorders Treated at Our Boys' Dual Diagnosis Treatment Center](#)
- [Mental Illnesses We Treat at Our Boys' Dual Diagnosis Treatment Center](#)
- [Learn More at Stonewater Adolescent Recovery Center Today](#)



Are you a parent searching for a boys' dual diagnosis treatment? Before you choose a boys' dual diagnosis treatment center, you should understand what dual diagnosis means. The National Alliance on Mental Illness(1) reports that around 9.5 million Americans struggle with a dual diagnosis.

Dual diagnosis, also called co-occurring disorders, means your son has both a mental illness and a substance use disorder. In many cases, one causes the other, starting a vicious feedback loop. For example, your son may struggle with alcohol use that leads to depression or anxiety, which in turn leads to drug dependence. By figuring out which condition causes the other, our staff can form an individual treatment plan for your son.

Stonewater Adolescent Recovery Center offers the boys' dual diagnosis treatment that you need for your son and your family. Help your child start recovery today. Contact us today at [662.373.2828](tel:662.373.2828) to learn more.

Signs Your Son Needs Dual-Diagnosis Treatment

Are you unsure whether or not your son needs treatment or whether or not they have a dual diagnosis? There are signs you should look out for to tell if your son needs boys' dual diagnosis treatment.

First and foremost, many boys will begin to disconnect from social life if they struggle with a mental illness. However, if they are battling substance use, you will recognize different signs. These include changes in regular habits, a decline in their grades, changes in physical appearance, and secretive behavior.

Boys face different experiences and emotions when facing substance use and mental illness. Many boys hide their problems or fail to recognize the problem exists at all. As a parent, this is a vital time to show your support and set guidelines. Reaffirm boundaries for your child, and set up a drug screening.

Treating one problem without the other will often lead to relapse. Therefore, it's vital to find a boys' dual diagnosis treatment center for your son with mental health and substance use treatment programs.

"I miss this place a lot honestly, I'm extremely impressed with where my life is at today and I know I couldn't have done it without this place. The staff is amazing and I'm definitely going to come back and visit sometime. I truly believe this place saved my life and I'm forever grateful for Stonewater."

- Max Williams

Treatment Options For Those With A Dual Diagnosis

A boys' dual diagnosis treatment center will treat your son's mental illness and substance use. Moreover, they will figure out the roots of both of their conditions to begin healing. At Stonewater Adolescent Recovery Center, we believe in individualized recovery plans to help our residents overcome a dual diagnosis. However, group therapy is also a crucial part of our boys' dual diagnosis treatment.

More than anything, children yearn to belong. At our boys' dual diagnosis treatment center, we offer private schooling. In our private school, boys continue the education they'd receive on the outside. We also use group therapy to help your son, peer input, and counseling help with finding solutions. Boys develop social skills that empower them to become positive, contributing influences. For some, this is an essential aspect of personal growth. Your son will gradually grow in their group and establish their presence.

We also offer a range of holistic treatment options, including:

Art therapy

Music therapy

Animal-assisted therapy

Adventure and nature therapy

A variety of experiential therapies

To learn more about the treatment options available, please reach out to Stonewater Adolescent Recovery Center today at [662.373.2828](tel:662.373.2828).

Substance Use Disorders Treated At Our Boys' Dual Diagnosis Treatment Center

Just as there are many types of drugs, so too are there many types of use disorders. Different drugs help your son cope with various mental illnesses.

Stonewater Adolescent Recovery Center's boys' dual diagnosis treatment deals with several different substance use disorders, including dependence upon:

- Alcohol
- Cocaine
- Dextromethorphan/DXM (contained in some cough suppressants)
- Fentanyl
- Marijuana
- MDMA (ecstasy/molly)
- Meth
- Opioids/Opiates
- Xanax/Benzos

No matter what type of substance your teen is using, our team can help them recover. We offer a wide range of treatment options, giving teens the tools that they need to overcome their dependence. Please get in touch with Stonewater Adolescent Recovery Center today at [662.373.2828](tel:662.373.2828) for more information about our substance use disorder treatment programs.

Mental Illnesses We Treat At Our Boys' Dual Diagnosis Treatment Center

In addition to treating the substance use disorders indicated above, Stonewater Adolescent Recovery Center also treats the accompanying mental illnesses. Mental illness, as explained above, can cause or be caused by substance use. Once both are present, they feed each other in a vicious cycle that harms your son.

Stonewater's adolescent dual diagnosis treatment deals with mental illnesses for teen boys.

ANXIETY

Anxiety is one of the fastest-growing mental health conditions in the United States today. In fact, nearly a third of all teens today will have an anxiety disorder by the time they reach the age of 18 (2). Symptoms of anxiety may include:

- Trouble sleeping or concentrating
- Chronic physical problems, such as headaches, stomachaches, or muscle pain
- Avoidance of the things that trigger anxiety
- Rapid breathing, sweating, or trembling
- Feeling tense, nervous, or restless

[Anxiety treatment](#) can address your teen's condition, allowing them to move forward in their lives.

DEPRESSION

For teens who suffer from depression, their lives can feel hopeless and overwhelming. They may have lost the motivation to do anything other than sleep or eat, and they may suffer from thoughts of suicide. Using substances may seem to address their symptoms, but in reality, it may make the condition worse. Instead, it's best to seek depression treatment, which can help them manage their symptoms without turning to substances.

BIPOLAR DISORDER

Though most people associate bipolar disorder with girls, it can affect boys as well. Many teens don't get the treatment or diagnosis they need because they don't always display the symptoms doctors look for in adults. However, teens may experience rapid mood swings, poor judgment, euphoria, and depression. Our bipolar disorder treatment program can help teens manage their symptoms, allowing them to grow into the strong, capable adults they want to be.

ADHD

Most people don't associate ADHD with substance use. However, research shows that close to 15% (3) of teens who have ADHD struggled with alcohol use or dependence in adulthood. If your teen has ADHD and you suspect that they're abusing drugs or alcohol, it's vital to find a dual diagnosis treatment program that offers ADHD treatment. This program can provide a way forward for your son in the future.

Post-Traumatic Stress Disorder

Post-traumatic stress disorder, more commonly known as PTSD, is a major mental health condition, which can be due to witnessing or experiencing a frightening event.

The symptoms of this condition may include:

- Nightmares
- Anxiety
- Flashbacks and uncontrollable thoughts about the events

- Overwhelming guilt or shame
- Problems with memory or cognition

In some cases, teens who go through a traumatic event may initially have difficulty coping and adjusting, but in time, they may be able to recover alone. However, if the symptoms worsen or last for an extended period of time, it may be necessary to seek post-traumatic stress disorder (PTSD) treatment.

LEARN MORE AT STONEWATER ADOLESCENT RECOVERY CENTER TODAY

If your son struggles with mental health and substance use, seek out boys' dual diagnosis treatment. With the help of Stonewater Adolescent Recovery Center, your son can recover in a safe environment. In addition, your son can regain control of their life and hope for a bright future.

Please don't wait until it's too late. Our boys' dual diagnosis treatment center can help your son become a sober, healthy man. Contact Stonewater Adolescent Recovery Center online or call us at 662.373.2828.



STONEWATER[®]
ADOLESCENT RECOVERY CENTER